The Expanding Viewpoint

Jeshua Speaks: Being Love Itself

Beloved, and holy, and only Child of our heavenly father, Child of the one Source, Child of Love. It is my great joy to join with you in that Love. In Truth, that is all there is, is Love. Allow yourself to abide in that place -- that place of joy, that place of knowing Oneness, that place where in Truth your God Self always abides. Allow yourself the deep breath and the peace that comes with it.

Beloved one, you are always one. One with me and with all seemingly separate beings. Because as we have spoken many times, there is the seemingly separate being of you, personality-wise. But in Truth, there is only one of us. It is the Christ going forward having the human experience.

And yes, that is why I took upon myself the attributes of being human, as one Jeshua, to know how you experience life. How it is for you. And I went through the whole range of emotions -- from the time of birth and being worshipped by the three Magi



that came, the Wise Men. You are coming up to that time in your timing, where you will again celebrate and act out perhaps the drama and the good part of Christmas time. Bringing forth Christ in knowing that Yes, Christ is alive and well. Birthed as a small baby one time what you see to be historically a long time ago. And yet when you bring it to mind, it is right here, right now with you.

In your times of deep meditation, I will appear to you. And I have seen this happen with you where it has been, "No, no, it can't be. Can't be. No." And yes, it is. For all is truly one. And you call forth the individuated experiences to say, "Well, this is my experience as John or as Mary or Hildegard," whatever the name might be. And you go forth living that experience.

But in Truth, you are one. This is why there are some times you will know what another one is thinking. This is why when questions are asked, you can immediately know the answer.

And you think, "Where did that come from? How did that happen?" And yet I see you experiencing that more and more in this day and time where you are feeling, as you call it, tuned in to another one, all of your friends. And you have a feeling of Oneness. And then it passes because you say, "Oh no, that can't be. I am this, a separate body." And you are -- and more.

December 2023

Merry Christ Mass

We think of Mass as a very spiritual form of prayer and adulation, a religious procedure where we turn our human thinking to the Essence of us and our relationship to the Divine, however we define that term. But it is much more than that. Underlying the ritual is a devout desire to know our Oneness with Something above and beyond the human limitations.

Christmas is a time when amidst all of the worldly preparations for the habitual festivities, there is "a Reason for the Season" (as a good friend of mine is fond is saying - thank you, Josie). Christmas is a time for renewing our Relationship with the Divine, becoming as that little Child, teachable and at the same time, Wise as the Wise Men (and there were more than three: I have it on Good Authority). (Smile)

We here at Oakbridge send our very best wishes for the renewal of the Christ Child awareness in every one of us at this special time. May your holy days be blessed, and Merry.

Merry Christmas!

Love,

Judith

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You live in a time now where there is an acceptance of a belief of dichotomy -- being separate, being "me" and then "others". And in Truth, the energy of you is the Christ energy. And you are One with all of the ones that you see, and ones which you are in touch with through what you call prayer and meditation. And one with all of the rest that you find reported in your "news" which is not news.

You are One as you go forth because ones will tell you an experience perhaps that they are going through. And you say, "Yes, I understand. I've been there. I felt that." You can draw from the depth of understanding how it does feel to be whatever they are describing. And so, you are one with them, in uplifting them, saying, "Yes, I have been there, felt that, done that. But guess what? I came through it. Look, here I am."

I can say that because I came through what you know as the crucifixion. And where am I? Right here with you right now. Yes, you can believe it.

There are many adventures in human life. Enjoy them all. There are many adventures in life after human life. Enjoy. Call

them forth even in this day and time when you are activating the body and say "Could that be?" Yes, it could be. You are the God Self come forth to live through the human experience and to bring forth the Christ even in a day in time when Christ seems to be far away. Christ is right here with you right now. Always and forever. It is your true nature. It is your true self. It is the true One -- capital "O" of you. You are not separate. You are not far away from it.

Those of you who have prayed to know your Christ Self, I give it to you free. I give it to you -- take it, I give it to you -- accept it as your being for you are the one Christ having the human experience. I know. I did it, I felt it to the nth degree. And I love you. I love that which you are. I love you as the human being that you see yourself to be. And I love you as the Christ Self that I know you to be.

When you get to that place where you say, "I am One, one with the heavenly being of myself," as you know yourself to be individuated energy, "I know myself to be One." There are times when I am praying, there are times when I am meditating. And I feel much more than just the human body. I come to that place of peace that knows no boundaries, that knows only eternal Love. And I breathe and I accept the Oneness of my Christ Self." For that is truly, truly who you are. Allow



yourself to celebrate, to claim it. For truly no one can keep you from knowing your Christ Self and being the experience of the Christ Self.



"Jeshua, does it mean I have to be crucified?" Not in this way. But you have known in this lifetime times of being crucified where you felt that there were ones judging you. And they did not have all the facts. And they were judging from a place that they understood, but it was not yourself. And you have done this yourself as you have judged yourself. For you have stood away as a separate entity and judged yourself as, "Oh, I did it again." I have seen you in times when you have felt that anguish of, "Oh, I've done it again. I thought myself to be separate, to be guilty." All of you have had your times of knowing, "I could have done better. You know, if I'd been a little bit wiser and more loving, I would have said something different to my friend. But I was just judging it from myself."

This is yourself talking to yourself. And you have felt in that place of distance. Allow yourself to abide in love where that is truly what you are. It is waiting only for your acceptance and your invitation to walk as the loving being that you are. And to smile. I have seen you as you have walked into this room. I have seen you as you have been in this day -smiling. Yes, you do know how to smile. Yes, you do. I know. I have seen it. At a time like that when you are in a place of love all of your lights go on. Yes, you are quite a radiant, quite vibrant.

So, allow yourself to abide in love. Love of self? Yes, please. And love of others. For in Truth, everyone you meet is calling out for love, for understanding.

Every friend who comes to you and is wanting to be understood, wanting to have love, you can meet them in love. Because you have been there and you have done with

their choices as well. The same as they make choices and then say, "Oh, why did I do that again?" Have you ever said that to yourself? Of course you have. Allow yourself to smile and say, "Okay, I cancel that with love." And you take the deep breath and all is wiped out. The only one who is going to be holding that would be you. And with your canceling, you let it go. It is as simple as that.



I know there are times in every day when you feel into that judgment seat where you are judge and jury. I know it happens in the human self. But your God Self/Goddess does not hold that against you. Your God Self and the Goddess of you is beautiful, loving and always giving for -- love for in place of. That is what forgiveness means: to give love for, in place. Okay. Is anybody going to hold that against you? In truth, No. Only you. And as you take a deep breath, you can let it go. "Oh, is it that simple,

Jeshua?" In truth it is. But it does not mean that it is easy. It is that simple. Take the deep breath and replace what has been in a place of judgment perhaps with love. Love yourself as the God Self loves you. For in truth, you are the example -- the living, walking breathing Christ.

Was there ever a time when the Christ of me got angry? Oh, yes. And you have the story in your holy scriptures of when I got very angry with the money changers at the temple. And I did away with all of their golden coins because they were not dwelling in love. And yes, I knew righteous anger. And you have known anger, righteous or not. There was "right" at that moment. And the forgiveness is waiting right there on the other side of that anger to know peace.

For in Truth, the Christ Self of you does not know judgment, does not know the anger and the feeling of "Oh, I did it again." So, forgive again. What does it cost you to forgive again? Only a deep breath perhaps. You can do that. Allow yourself to walk forward in love. Love of others. Yes. You find that sometimes easy to do. Not always. But Love of self. "Jeshua, that's harder to do. Because I know myself. I know where I'm coming from sometimes. And I judge - critically. How can I be the God Self?" You are at all times the God Self. Breathe easy and love.

You are so beautiful. Each and every one of you as the Christ Self. You are so beautiful. Not in a way of Earth beauty that is transient. That says, "Well, I have to comb the hair just right. I have to get it down and maybe put on some lipstick or whatever." You are, from the heart of you living, walking, breathing Love. Display it for all to see. Okay. That is my message to you for this holiday (Holy Day) time. And be merry!

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